



## Heart of Mary

### • MISSION STATEMENT •

Heart of Mary Women's Fellowship is parish women's group that looks to Mary, the Mother of God as our role model.

Open to all women, we strive to both support and serve one another; helping each other to grow in virtue through the use of devotions, faith-sharing, and gifted speakers.

Just as Mary the Mother of God gave her eternal yes and made of herself a gift of love; we seek to make ourselves gifts of love, that we might support the life of the parish in service to God.



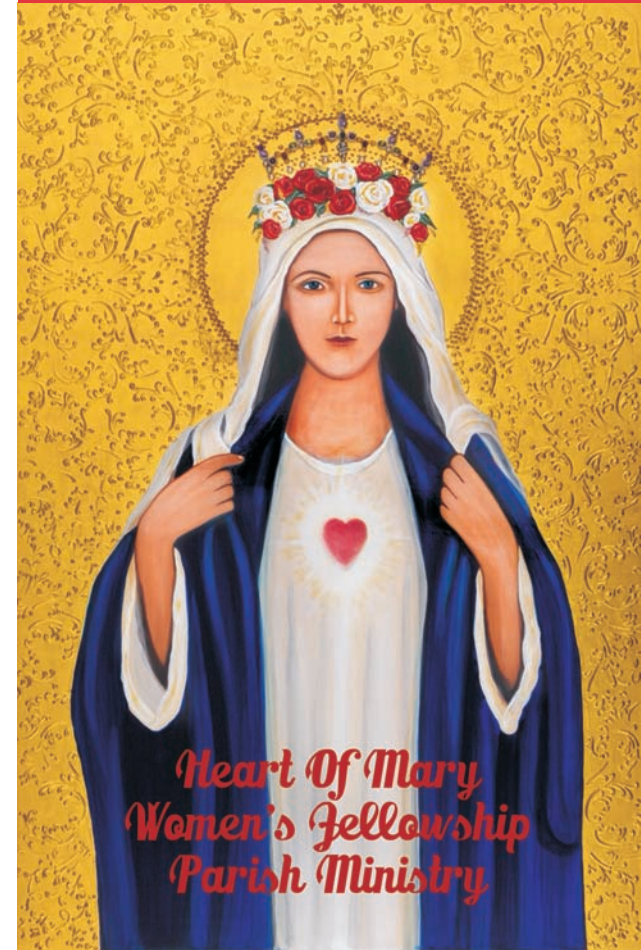
St. Peter and St. Paul Catholic Church

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Alta Loma, California 91737

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Heart of Mary



• OUR STORY •

*Heart of Mary Women's Fellowship began on September 5, 2009 at St. Peter & St. Paul Parish in Alta Loma, California.*

*Through the intercession of the Blessed Mother and the life and death of Ashley Michele Scanlon-Smith, Heart of Mary Women's Fellowship thrives, bringing Catholic women together monthly to our parish based gatherings.*

*Heart of Mary grows women in faith and fellowship through our gifted speakers and one another.*

*God bless you as you prayerfully consider bringing Heart of Mary Women's Fellowship to your Parish.*

*With love and In Jesus through Mary,  
Michelle*

*HM*

*The 10 Virtues of Mary*

**1. Ardent Charity**

Letting her love for God be the driving force behind every decision

**2. Profound Humility**

Knowing who she is before God, nothing more and nothing less

**3. Universal Mortification**

Seeking to lay down her life and her will at every moment

**4. Constant Mental Prayer**

Always being aware of God's presence

**5. Blind Obedience**

Following God's call without counting the cost

**6. Divine Wisdom**

Always begging for God's spirit to guide her

**7. Surpassing Purity**

Having a heart immaculately clean and unstained by sin

**8. Angelic Sweetness**

Radiating joy and peace to everyone she encountered

**9. Lively Faith**

Constantly seeking God's will and never settling for complacency

**10. Heroic Patience**

Always trusting that God was on the move; having more faith in His plans than her own

**Sample of a typical HOMWF Gathering**

9:00 AM

Gather for Heart of Mary Women's Fellowship

9:10 AM

Opening Song or Prayer

Welcome All & Acknowledge the New

Share a Story, Poem, Scripture

Announcements, etc.

9:30 AM

Prayer over Meal

Eat / Fellowship

10:00 AM

Introduce Guest Speaker or Small Groups for Fellowship

10:50 AM

Thanks Pseaker or Small Group Leaders

10:55 AM

Final Thoughts

Sing Ave Maria or Immaculate Mary

Closing Prayer